

# In Flight Times

### September 2023

At In Flight, Inc. we empower people with intellectual and developmental disabilities to reach for their hopes and dreams and support a meaningful quality of life.

### Cornhole for a Cause



On Saturday August 26th In Flight, Inc.'s "Cornhole for a Cause" presented by MVP Health Care was held at Dutchman's Landing Park to benefit In Flight, Inc.'s multiple programs that empower individuals with intellectual and developmental disabilities (IDD). The event saw over 200 community members enjoying the two tournaments as spectators and indulging in the multiple vendors present all to support the innovative programs In Flight, Inc. provides in Dutchess, Columbia, Greene, and Ulster Counties to foster independence, enhance skills, promote social integration, and provide a nurturing environment for personal growth for those with IDD.

### In This Issue

Cornhole for a Cause	Pg. 1-2
MVP Health Care	Pg. 3
Ribbon Cutting/ Play Ball!	Pg. 4
SRO P.L.U.S. Announces New Clas	
DSP Recognition Week	Pg. 6
ThinkDIFFERENTLY/ Kevin goes Crusin'	Pg. 7
Boys Trip/ Fun Fridays	Pg. 8
August Birthdays/Tea Time with TC	Pg. 9
DSP of the Month	Pg. 10
Thank you August Donors	Pg. 11
Multi-Year Giving Society	Pg. 12
	· g

# Cornhole for a Cause cont.

18 teams participated in the event's Blind Draw Cornhole Tournament sponsored by KeyBank, Marshall & Sterling, and Sawyer Motors, and saw over 34 competitive games being played throughout the afternoon. By beating six other teams the first place winners were Robert H. and Caden A., followed by second place winners John C. and Peter M., and third place winners Marcie S. and Matt M.

The Mixer Cornhole Tournament, created to encourage inclusion and sharing the love of the game between people with intellectual and developmental disabilities supported by In Flight with their fellow community members, sponsored by Dutchess County THINKdifferently, Furniture Plus, Greylock Federal Credit Union, Hudson Valley Credit Union, Main Care Energy, Price Chopper, The Fortnightly Club of Catskill, UHY, and Ulster Savings Bank, saw Dustin P. and Kyler S. take first place.



First Place Winners of the Blind Draw Tournament Robert H. and Caden A. (left to right)



First Place Winners of the Mixer Tournament Dustin P. and Kyler S. (left to right)

Dustin who receives services through In Flight, had been practicing as often as possible since he placed second in last year's Mixer Tournament. With his continuous determination and positive attitude, he held his own and was able to take home the medal alongside Kyler. This year's Mixer Tournament also featured modified rules of play in accordance with the American Cornhole Association's latest partnership with the Special Olympics of North America making the sport of cornhole accessible to all including those with physical and mental disabilities.

Guilty Pleasure, a group of local Greene County musicians that focus on rock, dance, country, and pop, provided stunning live entertainment for all the players and spectators. Jackie the Magician, from Bee Bee & Friends Magical Events provide wonderful entertainment to all with her balloons, magic, and puppetry. The event also hosted a Challenge the Champion contest, a silent auction, and two raffles including 50/50.

Thank you to everyone who came out to support and enjoy our Cornhole for a Cause Fundraiser. We could not have made this possible without the communities continuous generosity.

If you are interested in participating in next year's Cornhole for a Cause planned for September, please contact Jill Rodriquez at (845) 835-6294x190 or JRORDIQUEZ@inflightinc.org.



# health insurance built around



MVP Health Care<sup>®</sup> provides health insurance built around your needs, your preferences, and your busy life. Learn more at **mvphealthcare.com** or call **1-800-TALK-MVP**.

Health benefit plans are issued or administered by MVP Health Plan, Inc.; MVP Health Insurance Company; MVP Select Care, Inc.; and MVP Health Services Corp., operating subsidiaries of MVP Health Care, Inc. Not all plans available in all states and counties.

# 30th Anniversary Ribbon Cutting

On August 17th we had the pleasure of celebrating In Flight, Inc.'s 30th Anniversary with a beautiful Ribbon Cutting in collaboration with the esteemed Greene County Chamber of Commerce!

Samantha Whittaker, our ISAIL Catskill Supervisor, had the opportunity to cut the ribbon in front of her programs building. Following the ceremonious cutting of the ribbon, everyone who attended was able to sign the ribbon so it can be beautifully displayed in our Catskill ISAIL building.



Thank you to the many esteemed community members who joined in our commemoration of our journey of empowering individuals with disabilities and embracing the spirit of inclusivity within our community.



# Play Ball!

Join us on September 9th at Hudson Valley Renegades at the Heritage Financial Park, formally Dutchess Stadium, to enjoy America's favorite pastime while supporting In Flight's mission!

Purchase the In Flight package, including a general admission ticket, a hot dog, soda, and chip meal voucher, and stay for the post-game fireworks.

Share this with your friends, family, and folks for a fun night out celebrating the end of summer.

A portion of the sales will be going directly to In Flight's efforts in making a positive impact on the lives of we support.

Get your In Flight package by going on our website, facebook, or by scanning the QR code here!

# SRO P.L.U.S. Announces New Classes

We're thrilled to announce our next exciting endeavor in partnership with Standing Room Only Theater Company (SRO) - a full production of Finding Nemo!

SRO P.L.U.S. is a community theater program for older teens and adults with intellectual and developmental disabilities, but is open to all to participate. Auditions guarantee a role or multiple roles in this musical adventure! Dive into the world of theater with us!

### Program Details:

- Mondays from September 25th to May 13th
- 5:30 pm to 7:00 pm
- No classes on 10/9, 12/25, 1/1, and two more dates to be determined

Note: Returning participants, please be aware of the half-hour time change for more rehearsal time

### **Tuition:**

- \$475 per session
- \$450 when paid in full upon registration
- 50% reduced tuition with staffing oversight for Respite Program participants
- Payment options available, including 5 monthly payments of \$95

### **Registration:**

Fill out the Google registration form located at SROTheaterCompany.com by scanning the QR Code Provided.

Please read over the FAQ pages located on our social media. For any inquiries or additional information, please reach out to Jennifer Wells at jwells@inflightinc.org or Sarah Green, sgreen@inflightinc.org, or your Care Manager.

Mark your calendars for May 13th to witness the spectacular show (location to be determined) and be part of this incredible journey!





Sunday, September 10th to the 16th, we honor and appreciate the incredible dedication of our direct support professional staff at In Flight, Inc. and countless organizations worldwide.

While one week is not nearly enough to express our gratitude, we want to take this opportunity to shine a light on the remarkable individuals who make a difference in the lives of those they serve. Your unwavering support and care are the heart of our community.

Direct Support Professionals are the unsung heroes who make an immense difference in the lives of the individuals we serve. Their work goes beyond the daily routines; it's about forming connections, offering support, and nurturing growth. From assisting with personal care to being a source of companionship and encouragement, DSPs play a pivotal role in fostering a sense of belonging and empowerment.

The dedication of our DSP staff has the power to transform lives. Through their patient guidance, they help individuals develop new skills, achieve milestones, and build a sense of independence. They not only support practical needs but also provide emotional support, instilling confidence, and resilience.

Help us thank our Direct Support Professionals for this week and throughout the year by donating through the QR code.



# ThinkDIFFERENTLY Field Day -Columbia County

Our Development Team alongside our Catskill ISAIL participants attended Columbia County's first ThinkDIFFERENTLY Field Day. At the event, individuals with disabilities of all ages participate in summer games and activities, get to meet new people, and learn about other services available to them. In Flight participated by providing Cornhole as well as a large coloring mat for anyone to get their creative energies out!





# diverse perspectives. one vision.

At KeyBank, diversity, equity, and inclusion are part of our corporate fabric. This commitment is reflected throughout our business, from the teammates we hire to the clients we serve.

We are honored to support In Flight, Inc.'s Cornhole for a Cause.



©2023 KeyCorp. KeyBank Member FDIC. 221108-1326908-1262584169

# Kevin Goes Crusin'

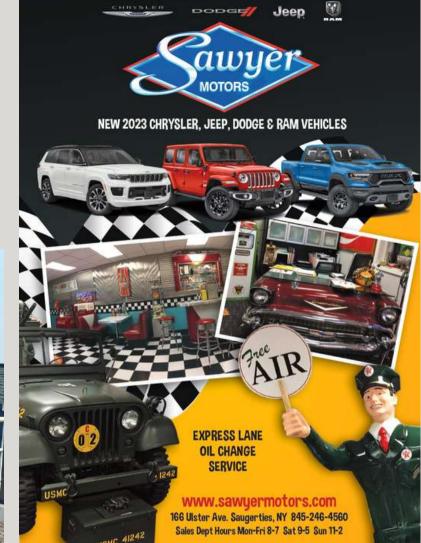


Recently, Kevin and Lisa, his Community Habilitation Direct Support Professional, went on a River Tour on the Hudson Ferry. They had a great time, enjoying the sights and sounds along the way.

# Boys Trip to Atlantic City

Participants of our Supportive Apartments and Livingston Residential Program took a day trip to Atlantic City recently! They had a blast spending time on the beach, going to the casino, and checking out all the shops. How fun!





# Fun Fridays at Ghent Day



Fun Fridays are back at Ghent Day Hab! This month's Fun Friday was Tie Dye Day - how fun! Get ready for next month's fun friday - Flannel!





August's Birthdays!

Help us make every person we support's birthday special by making a donation to In Flight in honor of them!

In Flight is their home with people they considering family and friends. By donating today in honor of them, we can continue to make their special day as important as any family would.

Donna

Robert

Every Birthday Tribute donation will be highlighted in the newsletter each month. Donate at https://givebutter.com/DonateInFlight



#### Encouraging Creativity & Voice Through Podcasts

In Flight recently launched it's first podcast series Tea Time with TC. We hope that Tiffany's podcast is just the first of many, giving those we support an outlet to share who they are, what they think, and explore their interests. Many of our folks have shown interest in their own video blogs or podcasts and we need the support of the community to make their dreams a reality. Donations from the community would open new doors to start up online cooking shows, more podcasts, and support our folks having their own voice.

Make A Contribution to the podcast here: <u>https://givebutter.com/DonateInFlight</u> Simply put in your message your contribution is for the podcast.

Listen & Subscribe:

Youtube: https://youtu.be/hcDhQxN08jA Apple Podcast: https://podcasts.apple.com/.../tea-time-with.../id1645864389 Spotify: https://open.spotify.com/show/4drbXUSIJBAzo387EnjV9A iHeartRadio: https://www.iheart.com/.../269-tea-time-with-tc-102209732/ Amazon Music: https://music.amazon.com/.../9a6b3742.../tea-time-with-t-c Anchor: https://anchor.fm/in-flight-inc

### DSP of The Month - Kamel Rose-Wynn

Kamel, while one of our newer staff at the Catskill Day Habiliation program, has gone out of his way to become a central part of our team. Kamel is calm in times of crisis, a great communicator, funny and enthusiastic, and good with his interactions with the people he supports and staff. Kamel is dependable and very easy going. Kamel has fun with the people he supports and helps them process their feelings and express themselves to others through modeling. He is a team player and is always willing to help out all of his coworkers without even needing to be asked. He is a asset to this company and our team.



Thank you Kamel for all that you do!

### Join our Team!



Follow us on Social Media!



### www.inflightinc.org

# Thank you to our August Donors



# Think**DIFFERENTLY.**

Thank you to Dutchess County ThinkDIFFERENTLY for being a Mixer Sponsor for our Cornhole for a Cause.





Thank you to Premium Waters Inc. for donating multiple cases of water and water jugs for our programs!

Thank you to McCarthy's Pharmacy for donating towards our Cornhole for a Cause Fundrasier!

Thank you Marie Sieloff for your donation to support In Flight, Inc.'s efforts!

Thank you Rabid Bag Slayers, Salvage & Shine, Celebrations of Albany LLC, Granddaddy Weaves, Bees, and Trees, Mill House Brewing Company, Zoom Flume Water Park, Origin Wellness, All Town Fresh, Texas Road House, Pet Honesty, Melanie Potter, Sloop Brewery, All Groomed Up, Always There Cleaning, Three Hounds Designs, Allagash Brewing Company, Copake Country Club, Autobahn Indoor Speedway, Iris Pizarro, Hudson Valley Italian Restaurants Inc, Sunny Hill Resort and Golf Course, and Athen's Antiques for making in kind donations directly to our Silent Auction for Cornhole for a Cause!



# Support In Flight's Mission Join Our Giving Society

Everyone can be philanthropic or be a major gift giver. Every gift matters in the advancement of In Flight's mission. Our Multi-Year Giving Society (MYGS) sustains the goals of each program through monthly contributions of unrestricted funds, allowing donors to give a large gift over the course of five years through affordable monthly contributions. Joining this elite club is simple, to start pick from one of our MYGS giving levels below.

Empower	A monthly donation of \$333 or a pledge of \$4,000 per year for a total gift of \$20,000 is given over a span of five years. Empowerment gifts are impactful leadership gifts that provide In Flight the means to achieve larger goals to advance our mission (eg. internal vocational opportunities to those looking to learn employable skills hands-on, launch therapeutic programs, and enhance residential environments). This is the perfect level for corporations.
Support	A monthly contribution of \$166 or a pledge of \$2,000 per year for a total gift of \$10,000 over the course of five years. Support gifts offer unrestricted funds to provide sustainability to our programs and services (eg. update technology within programs, provide learning tools for lessons, and equipment for therapeutic and clinical support programs).
Advocate	A monthly contribution of \$83 or a pledge of \$1,000 per year for a total gift of \$5,000 over the span of five years. Advocate gifts are unrestricted gifts that provide sustainability and advance In Flight's mission (eg. provide project supplies, and community outing opportunities, for community integration, and socialization).

Since In Flight's Multi-Year Giving Society is an elite group of givers, MYGS members are recognized monthly, through In Flight's newsletter, all event programs, listed on In Flight's website, offered committee opportunities, VIP access to In Flight's signature events, and more dependent on giving level. Contact Jill Rodriquez at 845-835-6294 x190 to learn more about joining the Multi-Year Giving Society.