



In Flight Times

May 2023

At In Flight, Inc. we empower people with intellectual and developmental disabilities to reach for their hopes and dreams and support a meaningful quality of life.



Hudson Valley Gives - May 17th!

Hudson Valley Gives is happening May 17th and we need your help. This online event is offered to all nonprofits in the Hudson Valley Region and allows us to not only raise

awareness of who we are, but offers us an amazing opportunity to raise funds to achieve our many goals to empower our folks.

This year Hudson Valley Gives is offering many prizes including:
 The Eager Beaver - This prize will be awarded to the participating organization that receives the first online donation,
 Drive Time Power Hours - Awarded to the organization that raises the most money online between 8:00 AM - 10:00 AM,
 Night Owl Power Hours - Awarded to the organization that raises the most money online between 8:00 PM - 10:00 PM,
 Final Finisher - Awarded to the organization receiving the last online donation,
 Cross Country Donors - Awarded to the first organization that has online donors from each of the fifty states, and others!

Help us by donating and sharing our fundraiser page or social media posts with your family, friends, colleagues, etc. Scan the QR Code above to go directly to our page!

If you wish to help us in a more hands-on way, please contact Lily Schaub at LSCHAUB@INFLIGHTINC.ORG or call (845) 835-6294 x178.

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Find us at these May Events!

Four Corners Community Farm Spring Festival Saturday- May 6th - 1pm to 5pm

Join us at this FREE event located at 366 Budds Corners Rd. in Red Hook. There will be live music, food, activities, seed swap, and much more family fun!

Apple Blossom Day Saturday- May 13th - 10am to 4pm

Join us at this FREE event located in the heart of the Red Hook Village. Find the perfect Mother's Day present for mom or shop for yourself at the local vendor tables. There will also be a Talent Showcase!

Memorial Day Parade Monday- May 29th - 2pm

Find us in the Catskill Memorial Day Parade honoring our fallen soldiers. The route will be from Water Street to Main Street to the Historic Catskill Point. The Memorial Day Ceremony will be followed by music, guest speakers and the unveiling of Catskill Hometown Heroes Banner Program.



**FOUR CORNERS FARM
SPRING FESTIVAL!**

SEED SWAP
LIVE MUSIC
FOOD & BEVERAGES
SEEDLING SALE
LOADS OF ACTIVITIES
BRING THE WHOLE FAMILY!

Logos: Evolve, Lasting Joy Brewery, Bard College Farm, In Flight, Bard CCE, Ramapo for Children, CultureConnect, Red Hook Community Center, Four Corners Community Farm.

Illustrations: A butterfly, a branch with leaves, a farm scene with people, and a sign that says 'RAQUEL AND THE WILDFLOWERS'.



empower Hours

Free one hour event to get to know In Flight and how you can spread the word of our good work!

May 16th- Empower Hour Webinar
5:30 pm-6:30 pm, Zoom

May 18th- Empower Hour In-Person After Hours
5:30 pm-6:30 pm
7509 North Broadway, Red Hook

Since space is limited, we ask that you let us know as soon as possible if you can or cannot attend any later than May 14th, So we continue to make calls on our list to fill seats. RSVP to Lily at 845-835-6294 x178 or Lschaub@inflightinc.org.

Livingston's Getting their Bodies Moving

The guys at our Livingston Residential Program have been getting their bodies moving in many different ways. Not only have they been hitting the Planet Fitness Gym in Hudson, but also utilizing their local parks.

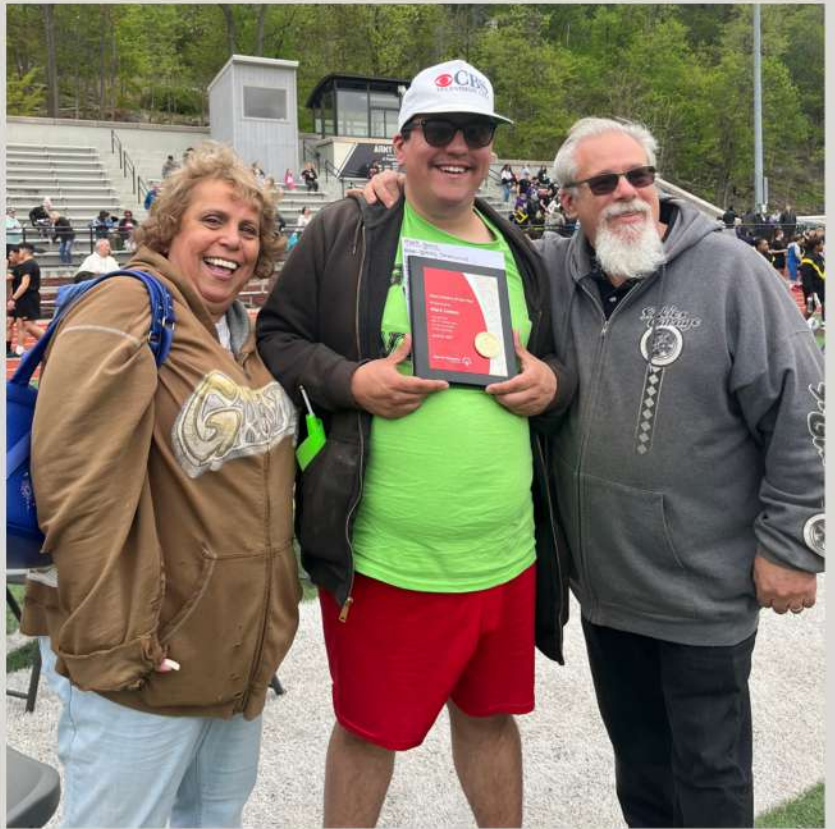
Both of these activities not only help benefit health and well-being through exercise and enjoying the outdoors but also with community integration.

We hope by introducing and encouraging both of these healthy activities they will continue to strive for a balanced lifestyle.



Mark Gomez- Male Athlete of the Year!

Congratulations Mark Gomez! On Saturday April 22nd, at West Point Military Academy, Mark Gomez, a recipient of Community Habilitation services from In Flight, Inc., received the Male Athlete of the Year award at Track and Field Spring Games! Pictured here is Mark with his parents Ofira and Mark Sr.



ComHab Bowling Fun!

Justin and Jon Thomas, his Community Habilitation DSP, along with Dan and Mickie, his Community Habilitation DSP met up and played a few rounds of bowling! They had such a great time catching up.



Easter Bunny Came to Town!

The Easter Bunny came to visit all of our programs to bring some spring into everyone's step! Whether it be seeing family, dying eggs, meeting the easter bunny, having a scavenger hunt, or going out for ice cream as an after Easter dinner dessert, everyone had a great time!



April's Birthdays!

Help us make every person we support's birthday special by making a donation to In Flight in honor of them!

In Flight is their home with people they considering family and friends. By donating today in honor of them, we can continue to make their special day as important as any family would.

Every Birthday Tribute donation will be highlighted in the newsletter each month. Donate at <https://givebutter.com/DonateInFlight>



Ryan

Alexius



Brian



Tiffany

Paulie



Sara



Dexter

Ricky



DSP of the Month - Sha-Quashia Felix

It is my pleasure to nominate Sha-Quashia Felix from the Livingston IRA. She has been employed at Livingston for quite some time now. Sha-Quashia is dedicated to providing the most effective care for each individual we support. Her compassion and care for those we support make her a very valuable member of our team. She is very skilled at what she does and understands her job well. In addition to picking up extra shifts, she helps with grocery shopping when necessary. Despite her busy life outside of work, she always steps up to assist when needed. Additionally, she enjoys bringing our guys out into the community, and they enjoy having her around.



WE ARE HIRING!

- ✓ RESIDENTIAL DSP
- ✓ DAY HABILITATION DSP
- ✓ MEDICAL TRANSPORTER/DSP

- ✓ COMMUNITY HABILITATION DSP
- ✓ RESIDENTIAL MANAGER

PAY INCENTIVES FOR:

- CHA CERTIFICATION
- CLEAN DRIVING RECORD
- MED CERTIFICATION
- DEGREES
- EXPERIENCE IN HUMAN SERVICES FIELD

BENEFITS:

- DENTAL INSURANCE
- EMPLOYEE ASSISTANCE PROGRAM
- HEALTH INSURANCE
- LIFE INSURANCE
- PAID TIME OFF
- TUITION REIMBURSEMENT
- VISION INSURANCE

Staff Inspirations for the month of April:

Adam Williams:

for going above and beyond his job description to assist the people we support. Adam is always willing to help out and provide additional support. Adam is constantly involving the people we support in activities to better themselves. Thank you Adam for being an amazing advocate for In Flight.

Joseph Lentini:

for always being willing to provide extra support. Joe has a wonderful ability to provide negative feedback with an uplifting and realistic set of goals. Thank you Joe for embodying good leadership to the people we support!

Thank you Ascienzo Family Foundation!



Last Friday, we had a wonderful opportunity to meet with the generous Ascienzo Family Foundation at our Red Hook ISAIL program. They have been a huge supporter of In Flight's people and programs over the last three years and we cannot thank them enough for their impact and empowerment of those with intellectual and developmental disabilities.

Due to the Ascienzo Family Foundations generosity, In Flight has been able to provide needed support to our folks including sensory rooms in our Day Habilitation Programs to aid in behavioral health, AAC devices to offer those with limited or no speaking ability to have a voice for themselves, and provided funding for another Job Coach to provide more Supportive Employment opportunities.

Thank you so much and we cannot wait to connect again in the future!

Give the gift of time.

Volunteer.

Support In Flight's mission by volunteering your time. Volunteer opportunities can be one time or ongoing and include:

- Administrative Support
- Event Support/Committee
- Vocational Instruction
- Skill Teaching/Class



Join us in empowering our community by volunteering your time to help those with developmental disabilities achieve their goals. This can be directly via volunteering in one of our programs or indirectly by helping us at an event, joining an event committee, or providing administrative support. Contact LSCHAUB@inflightinc.org



To learn more about volunteer opportunities, contact Lily Schaub at LSchaub@inflightinc.org.

Salvage & Shine Fundraiser - The Story Behind My Efforts

I support In Flight, Inc and its mission to empower individuals with intellectual and developmental disabilities. This is my cousin, David, he is a handsome, funny, smart, award-winning individual with developmental disabilities. He is French Canadian and has a huge personality. He is the life of the party and will have you cracking up as he tells his jokes.

I cannot accept a space where someone like him would be marginalized or made to feel awkward or strange because of his disability. For me, In Flight, Inc is a safe space for people in David's community to feel seen, loved, appreciated, and supported. Because of organizations like In Flight Inc, David was able to live his life to its fullest.

The double wrap necklace represents empowerment and unconditional love for this community. I was happy to participate in their Flower, Fair, & Flea event last year and wanted to use my talents to help fundraise and support them in their mission.

This product includes a \$50 donation to support In Flight Inc. I believe this chain would make a great Mother's Day gift that also allows you to "gift it forward" to support an amazing charity.

You can purchase one today at www.salvageandshine.com



Follow us on Social Media!



www.inflightinc.org



Sponsorships & Vendor Opportunities

Are you a business owner? We are looking for table vendors, food vendors, and food trucks to participate. \$75 for any vending opportunity or \$50 with a donation.

Don't want to table but want to be seen at our event? We offer a variety of sponsorship opportunities to showcase your business.

Proceeds will benefit programs providing employment and life skill training to adults with developmental disabilities who strive to live independently and support In Flight's mission to empower people with intellectual and developmental disabilities to reach for their hopes and dreams, and support a meaningful quality of life.

Last year we saw over 100 community members partake in the tournaments or be a spectator to the fun all while enjoying the live music, food, vendors, raffles, and auction taking place. Why not showcase your business to even more community members this year?

To Sign-up or learn more please contact Lily Schaub LSCHAUB@INFLIGHTINC.ORG, call (845) 835-6294 x 178, or scan the QR code below!

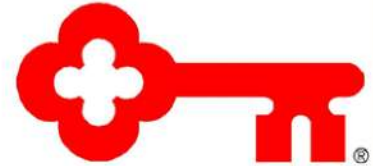


Thank you to our April Donors

Thank you to William's Lumber for being an Air Mail sponsor for our Cornhole for a Cause Tournament, Moabito Lawn Care and Tree Service, The Community Foundation for the Greater Capital Region towards our Clinical Department, Macela and Jimmy Bulich, and Marie Sieloff for your generous donations to empower those with I/DD!



KeyBank



Thank you Key Bank for being a Blind Draw sponsor for our Cornhole for a Cause tournament!

Thank you Greylock Federal Credit Union, Furniture Plus, and Price Chopper for being Mixer sponsors for our Cornhole for a Cause tournament!

Encouraging Creativity & Voice Through Podcasts

In Flight recently launched its first podcast series Tea Time with TC. We hope that Tiffany's podcast is just the first of many, giving those we support an outlet to share who they are, what they think, and explore their interests. Many of our folks have shown interest in their own video blogs or podcasts and we need the support of the community to make their dreams a reality. Donations from the community would open new doors to start up online cooking shows, more podcasts, and support our folks having their own voice.

Make A Contribution to the podcast here: <https://givebutter.com/DonateInFlight>

Simply put in your message your contribution is for the podcast.

Listen & Subscribe:

Youtube: <https://youtu.be/hcDhQxN08jA>

Apple Podcast: <https://podcasts.apple.com/.../tea-time-with.../id1645864389>

Spotify: <https://open.spotify.com/show/4drbXUSIJBazo387EnjV9A>

iHeartRadio: <https://www.iheart.com/.../269-tea-time-with-tc-102209732/>

Amazon Music: <https://music.amazon.com/.../9a6b3742.../tea-time-with-t-c>

Anchor: <https://anchor.fm/in-flight-inc>





Support In Flight's Mission

Join Our Giving Society

Everyone can be philanthropic or be a major gift giver. Every gift matters in the advancement of In Flight's mission. Our Multi-Year Giving Society (MYGS) sustains the goals of each program through monthly contributions of unrestricted funds, allowing donors to give a large gift over the course of five years through affordable monthly contributions. Joining this elite club is simple, to start pick from one of our MYGS giving levels below.

<p>Empower</p>	<p>A monthly donation of \$333 or a pledge of \$4,000 per year for a total gift of \$20,000 is given over a span of five years. Empowerment gifts are impactful leadership gifts that provide In Flight the means to achieve larger goals to advance our mission (eg. internal vocational opportunities to those looking to learn employable skills hands-on, launch therapeutic programs, and enhance residential environments). This is the perfect level for corporations.</p>
<p>Support</p>	<p>A monthly contribution of \$166 or a pledge of \$2,000 per year for a total gift of \$10,000 over the course of five years. Support gifts offer unrestricted funds to provide sustainability to our programs and services (eg. update technology within programs, provide learning tools for lessons, and equipment for therapeutic and clinical support programs).</p>
<p>Advocate</p>	<p>A monthly contribution of \$83 or a pledge of \$1,000 per year for a total gift of \$5,000 over the span of five years. Advocate gifts are unrestricted gifts that provide sustainability and advance In Flight's mission (eg. provide project supplies, and community outing opportunities, for community integration, and socialization).</p>

Since In Flight's Multi-Year Giving Society is an elite group of givers, MYGS members are recognized monthly, through In Flight's newsletter, all event programs, listed on In Flight's website, offered committee opportunities, VIP access to In Flight's signature events, and more dependent on giving level. Contact Jill Rodriquez at 845-835-6294 x190 to learn more about joining the Multi-Year Giving Society.